

The Danish Lutheran Church

in conjunction with



will be conducting a food drive to help feed
people going hungry in our community.

Start Date: **June 3rd**

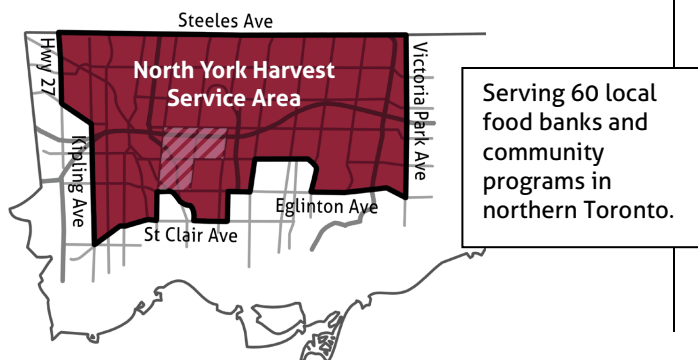
End Date: **July 11th**

Toronto is one of the most diverse cities in the world and people's food needs are just as diverse.

Think about variety when you donate and consider giving food that you enjoy eating at home.

Please check non-perishable items for expiration dates and ensure packaging is unopened

Healthy Food Basics Most Often Needed:



- Grains
- Canned fish
- Canned / dried beans
- Cereals
- Cooking oil
- Canned fruit
- Canned vegetables
- canned meat
- pasta sauce
- baking ingredients
- Unsalted nuts
- Spices and seasonings
- Baby products
- Diapers
- Baby food & formula
- Fruit juice-100%
- Healthy snacks
- Nut butters